

FROM THE COMMITTEE

Well it's been another winter to forget as far as our racing has been concerned. How the weather can change from a pleasant Saturday afternoon to a miserable Sunday morning has been quite disheartening at times. However it must be noted that despite the inconsistency of racing and the miserable conditions we have rarely seen a race meet with less than 35 entries which has been great. The Committee's meetings have featured several discussions about how we handle wet weather and we came to the conclusion that we are doing the best we can—as we simply do not have the numbers interested in racing in the pouring rain nor is it fair on our volunteers that turn up week after week.

Some of the current committee have been in their roles for 3 years now and it is no secret that a few are looking for a break. However when we consider that many of our volunteers have

FROM THE COMMITTEE (CONT.)

been turning up almost every Sunday morning for many years it makes you realise what an awesome job they do. If you have ever laid in bed on a Sunday morning questioning your commitment to go and race—you can appreciate what a great effort it is from these guys.

Let's hope the weather picks up from here and riders and volunteers have to worry more about block out than rain coats.

The Committee.



Judith and Jeff in the Sunshine !!!!

NEWS FROM SPONSORS

Apparently NHP are doing very well this monthsomething about improved leadership while the Dabners are living it up OS !!



RACE ROSTER and DUTY RIDERS

25th September **CARRICK 48km GMS**

Duty: B.Walker, N.Wesley, J.Leonard

2nd October No Racing— **L'ton to New Norfolk Race** Social Ride up Poatina

Sat 8th October **B'BOURNE 50km GHP**

Duty: A.Sanders, J.Smith, A.Wells

16th October **RIK SLOANE CYCLES** **LONGFORD TO C'TOWN**

Duty: Volunteers Required
 ENTRIES CLOSE: Tues 11th

23rd October **B'BOURNE 51km GMS**

Duty: L.Szmekura, W.Maher, H.Edwards

30th October **WHITEMORE 47km GMS**

Duty: N.Preece, B.Finn, H.Smith

Sat 5th October **Evandale Criterium**

3 Races..... THEN

EVANDALE 40km GMS

Duty: Volunteers Required

13th October **B'BOURNE 42km GHP**

Duty: S.Tristam, S. Evans, C.Neil

Please read section in Newsletter on
 Duty Rider Responsibilities.

Please contact us with contributions or questions:

Email: craig.woodfall@education.tas.gov.au www.northvetscycling.com

DUTY ROSTER

A thank you for all the riders who have completed their duty or arranged for some-one else to cover for them.

We would just like to remind riders that it is your responsibility to keep track of the roster and when your duty is. Adam reminds riders through an email the week prior and it is also listed in the newsletter, but it is the responsibility of members to actively find out when they are required.

Similarly if you are unable to do duty then you should arrange your own swap with another member and let Adam know of the change.



Glenn swapped his duty for Scotty Evans last week in an effort to help Scotty out who was unavailable over the school holidays.

Please ensure you are at the race by 9:15am on the day you are listed.

Thanks

THE RIK SLOANE CYCLES LONGFORD TO CAMPBELL TOWN FEATURE RACE

**SUN 16th October
10am**

Duty: Volunteers Required

ENTRIES CLOSE: Tues 11th

**Be sure to support one of the club's biggest
races of the year.**

HOT WHEELS



This newsletter's HOT WHEEL'S AWARD goes to Mark Digney who has won an impressive 4 out of his last 5 races. Firstly Mark won two combined E/F races and then has moved on to win two D Grade races.

Impressive effort !!!



Paul McShane, Mark Digney and Peter Fraser ...winners always have lots of friends !!!

THE BUNCH



Can't live with them can't live without them ???

As the weather gets better, the bunches will get bigger and the diversity of personalities and beliefs about bunch riding will also grow.

Some bunches use the ride for full on training and it is well understood if you cant stand the heat, get out of the kitchen, in other words—if you get dropped, find your own way home. Other bunches are all about the joy of bunch riding and the belief is—train how you like the rest of the week

but this ride is about riding together and enjoying the bunch and we go out together and we come home together. There are successful and harmonious examples of both in Launceston at the moment.

However problems occur when riders come into bunches with different views about what the ride is all about and what the etiquette of that bunch is. In the end it all boils down to communication. The core of the group need to decide how they want their bunch to be and when a “nomad” comes into the bunch—then the bunch needs to have people strong enough to point out to the new rider how their bunch works.

Common meeting places and well known times often attract many and varied riders—and in these instances the “culture” of the bunch needs to be strong enough to enforce what it is about.

It might not be a bad idea to ask your bunch what your ride is about—is everyday the same ? Are there hard days and easy days ? Or is it simply what ever goes on the day depending on who shows up ?

In simple terms you are likely to get what you plan for and what you demand of your bunch. There are some really good well organised bunches at the moment where you know what sort of ride you will get but there are also some ordinary ones and it possibly comes down to communication and leadership.



Bob Mason returns to racing and some of his greetings were priceless, Motor was told to sit in the corner and shut up and he did to everyone's amazement, Will Richards appears unbeatable in B Grade , Heath still convincing his Dad to race, Ray Brien returns with a win, and Leanne collects the cash and hubby rubs his hands together.

WHAT'S ON: SO MUCH ON ITS GETTING CONFUSING—HERE'S A SUMMARY

Sally's Ride '2011 Tamar Valley Cycle Challenge

November 20th, 2011



Rotary Club of
Central Launceston



***THIS RIDE IS SUN NOV 20TH—HENCE WE ARE RACING SAT 19th
IT'S A GOOD CAUSE—SO IDEA IS RACE SAT THEN FRONT UP FOR SOCIAL RIDE ON SUNDAY.***

Sally's Ride is a charity bike ride. The objectives of the project are to increase community awareness and raise money for the prevention of youth suicide in TAS.

Cyclists of all ages and abilities can enter Sally's Ride for either 25km, 45km and 70km ride down ferry back, while the more serious cyclist can enter the 95km and 140km.

OPPERMAN GRAN FONDO -Saturday 26th November



Distance – 160km
Location – Start and Finish in Cameron Street, Launceston, Tasmania
Start Time – 8.30am
Entry Fee \$90

Launceston Criterium-(Stan Siejka Launceston Criterium)

Celebrating the events 10th year, commencing at 4pm on Saturday 26th November the Launceston Criterium includes a series of races concluding with the Men's Elite event. Watch some of the Worlds and Australia's top pro riders chase the rich purse in an action packed hour of fast and exciting racing. Previous winners include Matt Goss and Robbie McEwen.



Snap Shot

Date: Sunday, 26th February 2012

Option A: 219km Devonport - Cradle Mountain - Strahan

Option B: 135km Cradle Mountain - Strahan

Pack Includes:

Full Cycle Kit - Jersey & Knicks Valued at \$200

(for those registering after the early bird entry date of December 1st 2011, knicks will only be available for purchase)

Cycling Cap

Finishers Gift

Musette (sling bag)

On Course Catering, Support, etc.

Post Event Massage

Boags Beer Voucher

Phone & Money Pouch

Entry: \$185