

FROM THE COMMITTEE

43 -42 -43-41no that is not some-one trying to guess their age after too many drinks...it's a Snapshot of the numbers we are getting week in and week out over winter !! It's a credit to the NVCC and all aspects of our club ...gutsy riders who are gonna hit summer fit enough to stay at the front of the big bunches that form , hardy and amazing volunteers who make this all possible, the race committee who have listened to the types of races that riders want at this time of the year and on and on it goes. Well done ...1 month to go ...let's keep it up.

Due to some wet weeks just past our last newsletter was delayed in being distributed and has only just been out. As a result we will make this one a shorter one and start getting ready for the August Newsletter.

Finally please take the time to read some of the Racing / Riding advice that some of our more experienced riders / club members contribute, especially for those that are in their first year or two of racing. It will make racing safer and more enjoyable for everyone.

Regards

The Committee

WHITEMORE HANDICAP



Congratulations to Neil Wesley on his win in the Club Handicap race at Whitemore. B Grade worked well to round up all the grades and hold off scratch to put their bunch in a good position for the major prizes. Neil took out the bunch sprint to take out the race.

For all your Financial needs be sure to give our club's 2010 Sponsor and look.



They can be contacted on
 (03) 6334 0049, or at
willsfinancial@inet.net.au

FEEDBACK

Feedback, thoughts and even constructive criticism is always welcome. Thank you to those people who took the time to email us after the last newsletter.

Race day can be quite busy for the committee and they don't always have time to deal with other issues as well as they would like at this time So please pick an appropriate time to ensure you get the best hearing.

2011 Committee

We are hoping to have some new faces on the committee for 2011. Many of the old committee would be prepared to stay on or work in a supporting role but we believe it is important for the club to have fresh views every few years. Please have a chat to one of us if you are even slightly interested.

THE NEXT FEW WEEKS:

8th AUGUST

Longford 40km GMS

Duty: F.Clark, G. Coulson, J.Cooper

15th AUGUST

CRESSY 45km GMS

Duty: B.Dabner,S.Tristam, D.Leedham

22nd AUGUST

Evandale 40km GMS

Duty: S.Smith, C.Burrows, S.Evans

29th AUGUST

Bishopsbourne 44km GMS

Duty: E.Summer, J.Brock, A.Ashton

TROUBLE !!



Nik Preece, Scott Murchinson and Scotty Freeburgh—3 great competitors who race in the right spirit ..hard but fair !!

WHOOPS!!

Who was the rider the who went out with the 6am bunch on Thursday ...battled it out over hills in the pouring rain, swapped off along the East Tamar HWY in the dark and rain, as trucks went past spraying water all over the small bunch, climbed a 2km hill home in the rain

Only to crash at his back-door ...

When cleaning his bike on Friday night he noticed a bent chain ring ...At his visit at his local bike store to get a new chain ring, he found that he had actually written off his carbon frame ...

Just goes to show ...training hard does not always pay off.

If you haven't got your bikes insured then I would suggest that this may be something worth looking into.

BUNCH & RACE ADVICE

The recent handicap at Whitemore highlighted some potential areas of concern. On all of our permits we list our aim as safe and enjoyable racing and with that in mind we need to ensure our race practices reflect this.

As a higher grade catches your bunch or combined bunches it is inevitable that they will come to the front ..either gradually or attack at a certain point of the course. At this time it is important that all riders ride as safely as possible. The bunch will always come around the outside and it is important that all those in the bunch that is being overtaken remain left, and two abreast at most, until the bunch has come through.

If the line of riders make their way past it is then important to wait until they have got past and there is room before pulling out.

The feedback from Whitemore when B and C past D and E was not fantastic—we need to do better than this.

SOCIAL FUNCTIONS

The Great Wheels of Fire Band aka Andy Wells and Craig Woodfall are now playing together as a duo known as:

“Andy & The Woodman”.

They will be playing:
next **Saturday Aug 21st**
at **Silt—Seaport**
from **5pm—7pm.**

After this the Lton City Cycling Club are holding a function for all Cyclists :

A Night of Cycling

Boathouse—North Esk Rowing
7pm
RSVP 14/8/10
robyn.bailey4@bigpond.com

The Men In Black



Even Scotty's BC Team Bus is Black ...although not as streamline as their No.1 rider ...built more like Sando their spiritual leader.

THANKS



Unfortunately accidents are occasionally a part of our sport . Thanks to Helen Woodfall who has been kept busy at times patching up our fallen riders.

Pictured here patching up Steve Muir , on this particular occasion she missed the bunch leaving and had to chase with Michelle to get back on ...now that's gratitude !!!

All good training !!